

Transmission Network of Radio Nepal

Provinces	Stations	Service Type	Frequency
Koshi Province	Dharan, Sunsari	MW	648KHz
	Pattale, Solukhumbu	FM	98MHz
	Bhedetar, Sunsari	FM	100MHz
	Silaute, Paanchthar	FM	100MHz
	Aitabare, Ilam	FM	103 MHz
Madesh Province	Bardibas, Mahottari	MW	1143kHz
		FM	103MHz
	Jitpur, Simara	FM	103 MHz
	Singhadarbar,Kathmandu	Studio	
Bagmati Province	Bhaisepati, Lalitpur	MW	792KHz
	Khumaltar, Lalitpur	FM	100 MHz
	Simbhanjyang , Makawanpur	FM	100MHz
	Charikot , Dolakha	FM	100MHz
	Gandaki Province	Pokhara, Kaski	MW
FM			100 MHz
Daunne, Nawalparasi		FM	103 MHz
Jomsom, Mustang		FM	100 MHz
Resunga, Gulmi		FM	100 MHz
Lumbini Province	Bandipur, Tanahun	FM	100 MHz
	Dang Station	FM	98MHz

Karnali Province	Rolpa Station	FM	103MHz
	Surkhet Station, Surkhet	MW	576KHz
	Humla Station	FM	100 MHz
	Jumla Station	FM	103 MHz
	Manma Station	FM	100 MHz
	Mugu Station	FM	100 MHz
	Dolpa Station	FM	103 MHz
	Harre Station	FM	100MHz
	Dipayal Station	MW	810KHz
	Buditola Station	FM	103 MHz
Sudurpaschim Province	Uditola Station	FM	100 MHz
	Khodape Station	FM	98 MHz
	Darchula Station	FM	98 MHz
	Bajhang Station	FM	103MHz